



POZITIVA SAMOBOR
Udruga za održivi razvoj



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INFO PACK

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UDRUŽENJE ZA SOCIJALNO IZNAJEDBO



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GENERATION ACTIVE: **STAGE OF OPPORTUNITY**

ERASMUS+ ACTIVITY INFO PACK **TRAINING COURSE**

Dear Participants,

Welcome to our Erasmus+ youth exchange! This info pack contains **all the essential details you'll need**, from the program to logistics. **It's crucial to read through everything** to fully understand what to expect and how to prepare. Our aim is to equip you with valuable skills and knowledge, and we want to ensure you have a **seamless and enriching experience**. Thank you for joining us, and we look forward to an exciting and productive time together!

BASIC INFORMATION

ACTIVITY OVERVIEW	
Name of the activity:	GENERATION ACTIVE: Stage of opportunity
Type of the activity:	ERASMUS+ accredited project in the field of youth – Mobility of youth workers
Location of the activity:	Brežice, Slovenia
Dates of the activity:	09. – 17.11.2026. (9th and 17th are travel days)
Age range of participants:	18+
Total number of participants:	26

The aim of this training is to equip youth workers and youth leaders with **theatre and drama-based tools to strengthen their own confidence and to support the confidence, self-expression and employability of the young people they work with.**

Through non-formal and experiential theatre methods, participants will explore forum theatre, playback theatre, and voice and body work, while examining the real barriers young people face when entering the labour market. The training treats performance and employability not as separate skills, but as connected capacities built through trust, expression and reflection.

By the end of the activity, participants will be better equipped to use theatre-based methods in their own work with young people, supporting stronger confidence, communication and readiness for employment among the young people they work with.

PARTICIPANT PROFILE

WHO ARE WE LOOKING FOR?

We are seeking youth workers and youth leaders who are actively engaged with our organisation or a partner sending organisation, and who are motivated to take part in experiential, theatre-based learning on confidence, self-expression and employability support. Participants take part in the training as members of a national group, sent and supported by a participating organisation, rather than as individual applicants.

WHO CAN APPLY?

- **Youth Workers Connected to a Sending Organisation:** Staff or associates of youth clubs, informal groups, associations or organisations cooperating with a participating organisation.
- **Youth Leaders:** People actively leading or facilitating groups of young people, willing to contribute to group life, discussions and peer learning throughout the training.

PREFERRED PARTICIPANT PROFILE

- Motivated to take part in theatre and drama-based activities for the full duration of the training.
- Able to contribute to and benefit from a collaborative, intercultural learning environment.
- No prior acting or theatre experience required – openness and willingness to participate actively matter more than skill.



IMPORTANT

Priority is given to the inclusion of **participants with fewer opportunities** (e.g. economic, social, geographical, health-related or other barriers to participation). All participants **must be willing to travel using green/sustainable means of transport** (carpooling, bus, train, boat, bicycle), in line with the project's green travel commitment. Individuals not connected to a participating sending organisation are not eligible for participation in this activity.

WHAT TO EXPECT IN THIS ACTIVITY?

- A hands-on, experience-based training focused on theatre and drama methods for confidence, self-expression and employability
- Experiential learning activities covering forum theatre, playback theatre, and voice and body work
- Practical tools and methods participants can carry into their own work with young people
- A non-formal learning approach based on participation, dialogue and learning by doing
- Exchange of experiences and peer learning with youth workers and youth leaders from different countries and backgrounds
- Concrete methods and inspiration to bring back to their own youth work practice
- Some sessions and exercises that touch on personal or emotionally sensitive topics (e.g. self-expression, employment barriers, self-confidence), as part of the drama-based methodology.

WHAT NOT TO EXPECT IN THIS ACTIVITY?

- A tourist, sightseeing or holiday-style programme
- Free-time-oriented activities without a clear learning purpose
- Clinical, therapeutic or mental health treatment or diagnosis
- Individual psychological support, personal coaching or one-to-one counselling — facilitators are trained in drama-based youth work methods, not licensed mental health professionals
- Ready-made formulas or one-size-fits-all solutions
- Optional paid activities or add-on experiences outside the programme

This activity is implemented within the Erasmus+ programme, which is primarily an **educational and learning framework** based on non-formal education, active participation and shared responsibility.

We strongly encourage participants to **familiarise themselves with the Erasmus+ programme, its values and learning principles** before the activity. Erasmus+ activities are not designed as tourism or individual service-based programmes, but as collective learning processes that rely on engagement, openness and contribution from all participants.

LOGISTICS

BREŽICE, SLOVENIA

Brežice is a historic town in southeastern Slovenia, located at the confluence of the Krka and Sava rivers, close to the Slovenian border with Croatia. Known for its Renaissance Brežice Castle, green town park and relaxed riverside atmosphere, the town also offers easy access to the nearby Čatež thermal springs. Its compact centre and walkable layout make it an easy base for a group training.

YOUTH CENTER BREŽICE

Participants will be accommodated and hosted for working sessions at Mladinski center Brežice (MCB) and its adjoining MC Hostel, located in the town park in the green heart of Brežice. The centre is a Council of Europe-recognised centre for non-formal youth education.

Participants will stay in shared rooms, with shared bathroom facilities available on each floor.

Three meals per day will be provided throughout the activity. The venue offers dedicated indoor spaces for workshops and group work (conference and meeting rooms), as well as outdoor areas in the surrounding park. Wi-Fi access is available for all participants.



TRAVEL

Travel expenses of the participants are covered in line with **Erasmus+ Programme rules** and **European distance calculator**.

Participants should keep **originals** of the travel tickets and boarding passes, as without such documents we will not be able to make the reimbursement.

Reimbursement of travel expenses for the participants will be carried out through **bank transfers** (to the **account of sending organization**) after the main activity, upon collecting all relevant documentation.

The costs will be reimbursed **ONLY** if a participant takes part in **a full duration of the activity program**.



IMPORTANT

Please note that prior to making reimbursement, participants should complete the **Participant Survey** generated and sent from Beneficiary modul system at the end of the activity, as well as to fulfill their dissemination tasks.

GREEN TRAVEL

This activity implements a practice of **GREEN TRAVEL**, in line with priorities set within ESC Programme guide for 2021. – 2027. Green travel is defined as the travel that uses low-emissions means of transport for the main part of the travel, such as bus or train.

Therefore, participants should, whenever possible, prioritize travel either by **BUS, TRAIN or CAR POOLING**. It does not apply to participants arriving from destinations that are more than 2000 km away from project venue.

TRAVEL REIMBURSEMENT

DISTANCE	NON-GREEN TRAVEL (LIMIT PER PERSON)	GREEN TRAVEL (LIMIT PER PERSON)
10 - 99 KM	28 EUR	56 EUR
100 - 499 KM	211 EUR	285 EUR
500 - 1999 KM	309 EUR	417 EUR
2000 - 2999 KM	395 EUR	535 EUR
3000 - 3999 KM	580 EUR	785 EUR

Distance should be calculated by using **European Distance Calculator** for each participant individually, based on their location of departure (residency city or city where they are starting and finishing travel to/from the project).



IMPORTANT

Before making any travel arrangements (reservations, purchasing tickets, etc.), **make sure to consult us to ensure approval.** Travel plans must align with the distance calculator, Erasmus+ reimbursement framework, and green travel guidelines. **Failure to consult us beforehand may result in ticket disapproval.**

HOW TO REACH THE PROJECT VENUE?

If you are travelling by plane, the nearest airport is **Zagreb Airport**. From the airport, participants should first travel to Zagreb city centre (or Zagreb Main Railway Station) and then continue by train towards Brežice, Slovenia (direct train, approx. 40 minutes).

If you are arriving by international bus or train, the arrival point will be either **Zagreb Bus Station or Zagreb Main Railway Station**. From there, participants can continue their journey by train from Zagreb directly to Brežice.

Participants coming from Slovenia or arriving via **Ljubljana** can also reach Brežice by direct train (approx. 2 hours) or bus (approx. 2 hours 15 minutes) from Ljubljana.



IMPORTANT

Participants are required to travel to the activity venue using **public transport** (bus, train) or carpooling.

A taxi may be approved only in exceptional cases where no public transport is available, and **only with the organiser's prior approval**.



PRACTICAL INFORMATION

DON'T FORGET TO BRING!

- Personal medication;
- Identification documents (ID, passport, visa, etc.);
- Health/travel insurance;
- Travel tickets and boarding passes (originals);
- Slippers for indoor use;
- Towel;
- Comfortable clothes for indoor and outdoor activities.

HEALTH INSURANCE

We strongly recommend that all participants bring their European Health Insurance Card (EHIC), which covers basic healthcare costs during their stay in Slovenia. Participants who are not citizens of EU countries are strongly advised to arrange personal travel health insurance before travelling. This insurance should cover possible medical treatment. **Please note that any healthcare or medical costs not covered by EHIC or personal insurance cannot be reimbursed from the project budget, so it is important to ensure adequate coverage before arrival.**

IN CASE OF EMERGENCY

Important contact numbers and information on safety procedures will be placed in visible places at the project venue and introduced to participants at the beginning of the main project activity.

112 – emergency number

RELEVANT INDIVIDUAL INFORMATION

If you have any medical or other issues that could impact your ability to participate in the project or affect your well-being or that of other participants, it is essential to inform the project staff in advance, prior to signing your Agreement. While health issues are **not a barrier to participation**, our staff needs to be aware to take the necessary measures to ensure your proper inclusion and safety as well as wellbeing of the whole group.

PREPARATION

TASK RELATED PREPARATION

In preparatory phase of the project, participants will receive guidelines for preparatory tasks.

INTERCULTURAL AND LINGUISTIC PREPARATION

Slovenia has a rich cultural heritage shaped by Central European, Mediterranean and Balkan influences. Politeness, punctuality and direct but friendly communication are valued in everyday interactions. English is widely spoken, especially among younger people and in professional and tourist settings, but using a few basic Slovenian words is appreciated and often creates a more positive connection with locals.

- **Dober dan** – Hello (formal / Good day)
- **Dobro jutro** – Good morning
- **Dober večer** – Good evening
- **Živjo** – Hi (informal)
- **Nasvidenje** – Goodbye (formal)
- **Adijo** – Goodbye (informal)
- **Prosim** – Please / You're welcome
- **Hvala** – Thank you
- **Najlepša hvala** – Thank you very much
- **Ja** – Yes
- **Ne** – No
- **Ne razumem** – I don't understand
- **Govorite angleško?** – Do you speak English?
- **Mi lahko pomagate?** – Can you help me?

CURRENCY

The official currency in Slovenia is the **Euro (EUR)**. Credit and debit cards are widely accepted in shops, restaurants, and most services. However, cash is still commonly used, especially in smaller cafés, local bakeries, small shops, and for public transportation. Participants are therefore advised to bring some cash in euros or withdraw money from ATMs if needed. Please note that ATM withdrawals may include additional fees charged by local banks or your own bank.

YOUTHPASS

The Youthpass certificate is a recognition tool developed by the European Commission for participants of projects funded by the Erasmus+ program and the European Solidarity Corps. It aims to document and validate the learning experiences gained through participation in these projects. Here are the key aspects of the Youthpass certificate:

- 1.Recognition of Non-Formal Learning:** Youthpass recognizes the value of non-formal learning experiences, which are often not formally assessed or documented. It highlights the skills and competences gained outside of traditional educational settings.
- 2.Learning Outcomes:** The certificate includes a detailed description of the learning outcomes achieved by the participant. This includes key competences such as communication in foreign languages, social and civic competences, sense of initiative, and digital competence.
- 3.Personal Reflection:** Participants are encouraged to reflect on their experiences and learning processes. This self-assessment helps them identify and articulate the skills and knowledge they have acquired.
- 4.Enhancing Employability:** By documenting skills and competences, Youthpass can enhance the employability of young people. It serves as a useful addition to their CVs and can be presented to potential employers or educational institutions.
- 5.Standardized Format:** The certificate follows a standardized format recognized across Europe, making it easier for participants to use it in various contexts, including job applications and further education.

The participants of this project have **a right to obtain their Youthpass certificates** at the end of the main activity.



ABOUT THE ORGANIZER

Pozitiva Samobor is an association, a non-governmental organization established in 2011. with the main aim to design programs for developing skills of young people, discover their talents as well as to teach them to take actions and responsibilities. We want to provide youth with adequate tools and motivation to activate their minds and bodies in order to become great leaders of 21st century.





Join with Tavo Europa !

Educator Pass 2026.

You are welcome to join our new educational programme for 2026! Dive into non-formal learning exploration with an Educator pass for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members! Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:
<https://www.facebook.com/groups/186132221744993>



Contact Us!

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