



Reviving Dance Roots

Erasmus+
Youth Exchange

10-18 November 2026

Countries participating:

Luxembourg, Czechia
Romania, Serbia,
Portugal Lithuania,
Poland, Estonia

Group size:

5 participants + 1 leader



Co-funded by the
European Union



Youth Exchange?

The concept of a youth exchange is centered around providing the opportunity for young people to travel abroad, meet like-minded peers from other countries and explore a topic of interest.

A youth exchange is an educational experience where non-formal methods sit at the very center of it. The concept foresees a minimum engagement of each participant that we (React) ensure by asking each country team to prepare and host a workshop of their choice (topic related). Participants are warmly invited to further engage in the experience by proposing activities, getting active in their free time and helping our team to keep the working and living areas proper.

The preparation and delivery of the workshop will be coordinated by each team leader respectively. Where help is needed, our team will give the input needed.

The project is co-funded by the Erasmus+ program of the European Union.



About the activity

Through a series engaging non-formal activities, “Reviving Dance Roots” aims to bring young people closer to traditional dances and cultural heritage.

This Erasmus+ Youth Exchange will give participants the chance to discover traditional dances from each participating country and nationality, share their own traditions and learn about the cultures behind them.

The activity will help young people explore how dance reflects the history, identity and traditions of different cultures. By learning dances from each other, participants will discover both the similarities and differences between European cultures and celebrate the diversity that makes each culture unique.

This youth exchange will also explore how different traditional dances can come together and create something new. Through dancing, sharing and creating together, young people will have the opportunity to connect across cultures, build friendships and create bridges between different traditions.

The project is co-founded by the Erasmus+ program of the European Union.



Who is it for?

This youth exchange is designed for young people who are interested in or curious about traditional dances, cultures and cultural heritage.

Participants can have previous experience with traditional dances or be completely new to them. What matters most is being open to learning, sharing your own culture and discovering the traditions of other young people from Europe.

The age range is 16-26.

Exceptions to the age range (upper threshold) may be considered. Please consult us in advance in this case.

Previous experience or skills in traditional dances are welcome but not mandatory.

The working language of this activity will be English. Therefore, a basic English knowledge is required.



Participants profile

The participant is open and respectful to others.

We will provide a safe space where participants can let themselves wander into the unique opportunity to learn, discover and experience through Erasmus+.

Participants with fewer opportunities, disabilities or special needs are warmly welcome. Please contact us in advance so we can ensure the necessary support.

Please note: this is an educational activity, not a tourist trip to Luxembourg. Active participation and engagement are expected.



Arrangements & Reimbursement

Regular travel

Requirements and restrictions:

The journey must take place from the country of residence of the participant to Luxembourg (both ways).

The travel must happen on the days foreseen for travel (10 and 18 November). Traveling on any other date makes the reimbursement ineligible.

The travel ceiling for regular travel is **309 EUR**.

Please note that Luxembourg airport is quite limited with direct flights options. Therefore, we advise looking for direct flights to neighboring airports within 3h of travel by bus or train to Luxembourg. **Please avoid booking connecting flights with a leg in one of these neighboring airports unless duly justified.**

If booking connecting flights, please aim for a minimum of 1.5h between connections.

Your Arrival in Luxembourg must be no later than 21:00 on the arrival day, and departure from Luxembourg must be no earlier than 09:00 on the departure day, due to public transport. constraints.



Arrangements & Reimbursement

Regular travel

Requirements and restrictions:

All original tickets must be provided, including return tickets. It is very important to keep all original travel documents (itineraries, boarding passes, bus/train tickets) and bring them in hard copy (where applicable) to the project. Based on these document, you will prepare your travel reimbursement form during the project.

Travel costs will only be reimbursed if you fully participate in all foreseen activities.



Arrangements & Reimbursement

Regular travel

The process:

Once accepted, the participants need to prepare and submit their travel proposal to their sending organization. If inexperienced and need help with this task, our team is here to help. Feel free to reach out to us.

The travel proposal will then be forwarded to us (React) for a final approval.

Once approved, the participants are expected to book their proposed travel within 3 days and send us (React) the proof of purchase via email.



Arrangements & Reimbursement

Regular travel

Additional info:

We highly encourage participants to avoid intermediary service providers when booking their tickets to avoid issues with alternative solutions in case of cancellations or delays.

Unless duly justified, we expect participants to book through the official websites of travel companies.

Airports well connected with Luxembourg:

❖ **Brussels Charleroi/Brussels Main**

(Connection to Luxembourg by Flibco/Flixbus shuttle bus.)

❖ **Cologne/Bonn airport**

(Connection to Luxembourg by train.)

❖ **Frankfurt main/Frankfurt Hahn**

(Connection to Luxembourg by Flixbus or train.)

❖ **Eindhoven airport**

(Connection to Luxembourg by Flixbus.)



Arrangements & Reimbursement

Green travel

Requirements and restrictions:

To qualify for green travel, the participant must use bus, train, boat, car sharing, cycling or other green alternatives for more than half of the travel.

The journey must take place from the country of residence of the participant to Luxembourg (both ways).

The travel can take up to three days before and after the activity. Travel to Luxembourg: 8-10 November (10 Nov, arrival day)
Travel back home: 18-20 November (20 Nov, the latest to arrive back home)

Travelling past these dates makes the reimbursement ineligible.

Your arrival in Luxembourg must be no later than 21:00 on the arrival day, and departure from Luxembourg must be no earlier than 09:00 on the departure day, due to public transport constraints.

The travel ceiling for green travel is 417 EUR.



Accommodation

[Chalet d'Géisserei](#) is a scouts center located in Luxembourg City. It is modern, spacious and close to all amenities needed for a pleasant stay. The Luxembourg city old town is within a walking distance from the chalet.

The chalet is maintained by volunteers from the Scouts federation, who work to ensure that it remains in good condition and continues to develop positively.

Be aware that the accommodation is not a hotel. Therefore, a common sense of keeping the house, working space and rooms tidy, help with setting up the tables and arranging the dirty cutlery is expected and highly appreciated.



Accommodation

The venue has a waste sorting system in place that follows the guidelines of Luxembourg city. It is expected from each participant to sort their waste accordingly.

The local residents value a quiet lifestyle. Therefore, a calm atmosphere is expected between 10:00 p.m. and 8:00 a.m.

Facilities include:

Activity/dining room that can fit

Professional kitchen

Bathrooms and showers (separated by gender)

Shared bedrooms (separated by gender)

Spacious private garden next to a river

There is a public parc just across the street that you can use as a refuge in your free time to go for a stroll, meditate or other.



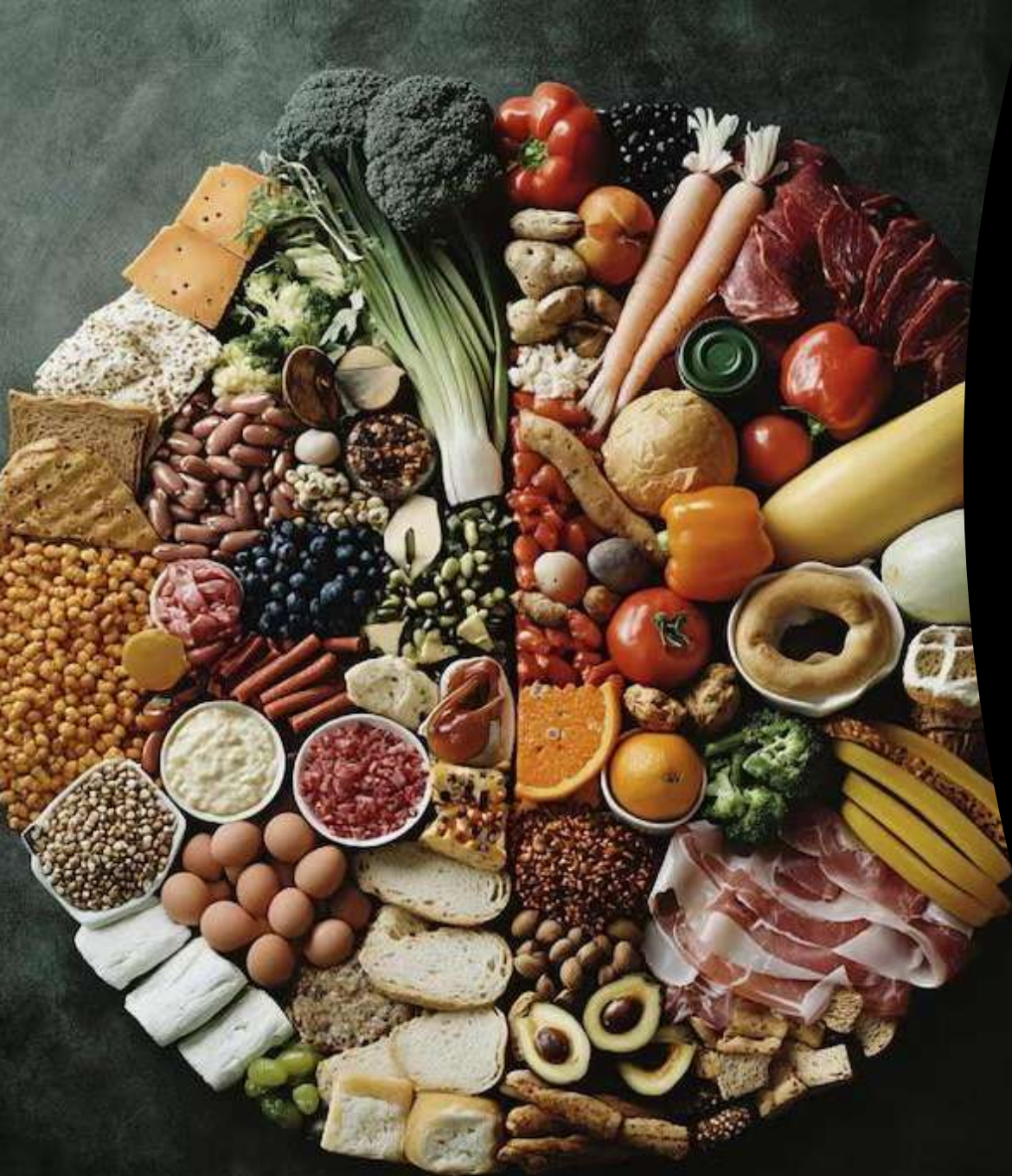
How to get to the accommodation venue?

Once you arrive in Luxembourg, public transport is free of charge, except for first-class travel on trains.

For up-to-date information on how to reach the accommodation, you can use the website www.mobiliteit.lu or the mobile app “mobilitéit”.

Google Maps can also serve as a helpful alternative.

Your destination is:
5 Rue Munchen-Tesch, 2173 Weimerskirch
Luxembourg



Food

Our own cooking team prepares all meals on-site, and everything is served buffet-style.

Three meals plus two snack or coffee breaks are included each day. Straight forward dishes are offered in 'with/without meat (vegetarian)' versions.

Should you have particular dietary requirements or allergies, tell us ahead of time. Needs beyond the standard options cannot be guaranteed unless they have been discussed and agreed with us in advance.



Health insurance

It is mandatory for each participant to be a holder of a valid EHIC (European Health Card) that can guarantee access to healthcare in case necessary.

For countries outside the EU where the EHIC does not apply, a travel insurance is mandatory for the full duration of the activity (including the travel days).

In both cases, an additional travel insurance is highly recommended.

What to bring on project?



- ❖ **Sleeping bag** or a **blanket** (the accommodation venue does not provide blankets. Bed sheet and pillow are provided)
- ❖ Towel and hygiene essentials
- ❖ Flip-flops and/or home slippers
- ❖ Layered clothes (the weather can frequently change thorough the day)
- ❖ Laptop, tablet, camera (if any)
- ❖ Ideas, ice-breakers, traditional dances, typical snacks for your national evening.
- ❖ Materials, stickers and brochures of your organization (if any).
- ❖ Good mood and energy to be active!

CONTACT US!



Project Coordinator in Lithuania

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Join with Tavo Europa

Explorer Pass 2026.

You are welcome to join our new educational programme for 2026! Dive into nonformal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members! Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects. For more projects: Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities: <https://www.facebook.com/groups/186132221744993>



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