TAVO EUROPA

MEDITERRAART APS

- YOUTH EXCHANGE -

2026-I-IT03-KA152-YOU-000390625

ECOGENERATION

ACT FOR CHANGE

18 MAY - 28 MAY 2027

travel days included

Marina di Leporano, Taranto, Puglia, Italy

Funded by the European Union

WHERE? WHEN? WORKING METHODS & LANGUAGE

WHERE?

The youth exchange will take place at **Residence Sunbeam in Marina di Leporano**, in the province of Taranto, on the Ionian coast of Southern Italy. This Mediterranean setting will host our intercultural learning experience, practical workshops and outdoor activities.

WHEN?

The mobility will take place from **18 to 28 May 2027**. Arrival day is 18 May, activities will run from 19 to 27 May, and departure day is 28 May.

Participants must **arrive in Bari by 16:00 on 18 May 2027**. Pick-up points: Bari Airport and Bari Centrale railway station. A private group bus will take participants to Residence Sunbeam.

Food and accommodation are covered from the evening of 18 May until the morning of 28 May.

WORKING METHODS

The project uses **non-formal education:** interactive workshops, role plays, hands-on recycling activities, local visits, creative labs, peer learning and group reflection.

Together, we will explore fast fashion, food waste, circular economy, greenwashing and environmental justice, turning awareness into practical action.

LANGUAGE

The working language will be **English**.
Language support will be provided to help everyone participate fully in the activities and group discussions.

MORE ABOUT THE PROJECT

EcoGeneration: Act for Change helps young people understand how everyday choices affect the environment and society, encouraging more conscious and responsible consumption.

The exchange brings together young people from **five** countries: **Italy, Spain, Romania, Lithuania and Türkiye.** Together, we will explore fast fashion, food waste, circular economy, greenwashing and environmental justice.

Through creative workshops, practical activities, local experiences and intercultural exchange, participants will **examine** the impact of consumption habits and discover more sustainable alternatives.

Using **non-formal education**, peer learning and group reflection, we will turn awareness into action, developing skills and tools to promote concrete changes in our communities.

MAIN OBJECTIVES

- **Raise awareness** of the environmental and social impact of everyday consumption.
- Encourage **responsible consumption** and practical, sustainable habits.
- Develop **critical thinking** to question greenwashing and recognise misleading environmental claims.
- Explore **circular solutions** through reuse, repair, recycling and waste reduction.
- Strengthen **intercultural cooperation** and learning among young people from five countries.
- Promote **active citizenship** and empower participants to take action in their communities.
- Share learning through **awareness-raising initiatives** and at least one local follow-up activity in each country.

PARTICIPANTS

WHO WILL PARTICIPATE?

Each country will send **6 young people aged 18–25** and **1 adult group leader.** Participants will come from Italy, Spain, Romania, Lithuania and Türkiye.

In total: **30 young people, 5 group leaders** and **1 facilitator — 36 people.**

PARTICIPANT PROFILE

The exchange is for young people interested in **environmental issues, responsible consumption and taking action in their communities.** Participants will explore fast fashion, food waste, circular economy, greenwashing and environmental justice.

Curiosity, openness to intercultural learning and willingness to contribute to group activities will help everyone make the most of the experience.

FEWER OPPORTUNITIES

The project will involve **11 young people with fewer opportunities:** 2 from Italy, 2 from Spain, 2 from Romania, 2 from Lithuania and 3 from Türkiye.

Please inform your sending organisation about any accessibility needs or support required to participate fully.

WHAT TO EXPECT

- Intercultural learning, teamwork and peer exchange.
- Creative workshops, recycling activities and local experiences.
- Practical ideas for more sustainable everyday choices.
- A supportive space to share experiences and plan community action.

FINANCIAL ASPECTS

Food and accommodation are **covered** by the project from the evening of 18 May to the morning of 28 May 2027. Travel costs are reimbursed according to Erasmus+ rules and the approved budget.

TRAVEL BUDGET PER PERSON

ITALY
26 €
Green travel

SPAIN
387 €
Green travel

ROMANIA
387 €
Green travel

LITHUANIA
279 €
Standard travel

TÜRKIYE
279 €
Standard travel

IMPORTANT NOTES

30 € per person has already been deducted from the amounts above to cover the private group transfer from Bari Airport / Bari Centrale to Residence Sunbeam and back.

Green travel is planned for Italy, Spain and Romania. Spain and Romania have one additional travel day each way: indicative dates 17 and 29 May, subject to agreement with the organisers.

All itineraries must be approved in advance. **Do not buy tickets** before receiving confirmation from the organisers.

Reimbursement requires **complete travel documents** and fulfilment of the agreed project commtments.

WHAT IS COVERED?

Accommodation at Residence Sunbeam

Ingredients for breakfast, lunch and dinner

Participants will prepare their own meals in the apartment kitchens. Ingredients are provided by the organisers, taking communicated dietary needs into account.

ACCOMMODATION

WHERE YOU WILL STAY

Participants will stay at **Residence** Sunbeam in Marina di Leporano (Taranto), in shared apartments within the residence hosting the exchange.

APARTMENTS

Participants will stay **5 per apartment,** with two double bedrooms, a kitchen with a sofa bed and a bathroom.

Final room arrangements will be communicated by the hosting team.

LOCATION & SPACES

- A few minutes' walk from the sea.
- **Free access** to the swimming pool.
- **Free use** of the padel court.
- **Free use** of the basketball court.
- Shared outdoor spaces for group interaction.

MEALS & FOOD

Participants will prepare breakfast, lunch and dinner themselves in the apartment ktichens. The organisers will provide ingredients, taking communicated dietary needs into account.

GOOD TO KNOW

- Food and accommodation are covered from the evening of 18 May to the morning of 28 May 2027.
- Communicate allergies, intolerances and dietary needs before arrival.
- Please inform the organisers in advance about relevant medical conditions, accessibility needs or support required.

PICK-UP LOCATION & HOURS

PICK-UP POINTS

The official meeting points are **Bari Karol Wojtyła Airport** and **Bari Centrale railway station**. The hosting team will organise a private group bus transfer to Residence Sunbeam in Marina di Leporano.

ARRIVAL TIME

All participants must reach their meeting point in Bari by **16:00** on **18 May 2027** to join the collective transfer to the venue.

HOW IT WORKS

- Send your proposed itinerary to the organisers and wait for approval before buying tickets.
- Share your confirmed travel details with the hosting team in advance.
- Detailed meeting instructions will be provided before the mobility.
- From the meeting points, participants will travel together to the residence.

RETURN TRANSFER

A private group transfer from Residence Sunbeam back to Bari will be organised on **28 May 2027**. Agree your return itinerary with the organisers before booking.

IMPORTANT

- **30 € per person** for the return group transfer has already been deducted from the travel budgets shown on page 6.
- If you plan to arrive earlier or later, contact the organisers in advance.
- Keep all tickets, boarding passes, receipts and proofs of payment for reimbursement.
- Stay reachable on the arrival day.

TRAVEL TIPS

Please read these tips carefully before organising your journey to EcoGeneration: Act for Change.

TRAVEL TICKETS

- **Send your proposed itinerary** to the organisers and wait for **approval** before buying any tickets.
- Choose economical travel options within your country's approved budget.
- Buy tickets through official transport company websites and keep booking confirmations and proof of payment.
- Green travel is planned for **Italy, Spain and Romania**. Agree the route and travel dates with the organisers.

TRAVEL DOCUMENTS

- Bring a **valid ID card** or **passport** and any visa or documents required to enter Italy.
- Bring your European Health Insurance Card (EHIC), if you are entitled to one, and any relevant health documentation.

ARRIVAL & TRANSFER

- Reach Bari Airport or Bari Centrale railway station by **16:00** on **18 May 2027**.
- A private group bus will take participants to Residence Sunbeam in Marina di Leporano. The return transfer is on **28 May 2027**.
- Detailed meeting instructions will be shared before the mobility.

USEFUL TRAVEL ADVICE

- Keep all tickets, boarding passes, receipts, invoices and proofs of payment for reimbursement.
- Inform the organisers promptly about delays, itinerary changes or support needs.
- Stay reachable and check the project communication channels for updates.
- Check your connections and baggage allowance before travelling.
- Keep essential items, personal medication and a spare set of clothes in your hand luggage. Bring a reusable water bottle.

Questions before travelling?
Contact the organisers in advance.

WHAT TO BRING

Prepare for EcoGeneration: Act for Change in Marina di Leporano, **18–28 May 2027**.

PREPARE FOR MAY

Bring **layers** for warm spring days and cooler evenings, plus a light jacket for wind or rain. Check the weather forecast before departure.

CLOTHING

- **Comfortable clothes** for workshops and outdoor activities.
- **Trainers** or **comfortable walking shoes**.
- A **hoodie**, long trousers and a light jacket.
- A **swimsuit** and a **beach towel**.

ESSENTIAL ITEMS

- **Personal hygiene products** and any necessary medication.
- **Sunscreen** and **insect repellent**.
- A **reusable water bottle**.
- Your **ID or passport** and required travel and health documents.

FOR THE ACTIVITIES

- **Laptops** for group work and developing project materials.
- **Photos, adverts, testimonies** or examples of consumption collected in your community.
- **A symbolic object** linked to a personal consumption experience for the exhibition Objects That Speak.
- A **small kit of words, images and experiences** from your country.
- Any **additional materials** agreed with your sending organisation.

GOOD TO KNOW

- **Pack light** and reuse items you already own whenever possible.
- **Check baggage allowances** and keep essential items in your hand luggage.
- **Complete the preparatory questionnaires** and communicate dietary, accessibility or support needs before arrival.

Not sure what to bring?
Ask the organisers before departure.

WHAT TO PREPARE

INTERCULTURAL PRESENTATION

Each national group should prepare a presentation of its country for the intercultural evenings, using typical products, music, dances, traditions, games or other cultural activities.

Bring a small starter kit of words, images and experiences from your country to share with the group.

BEFORE THE MOBILITY

With your sending organisation, please:

- Take part in **local and online preparatory meetings.**
- Carry out a **small survey on consumption habits** in your community.
- Collect **photos, adverts, testimonies and examples of consumption** to use during the exchange.
- Choose a **symbolic object** linked to a personal consumption experience for the exhibition Objects That Speak.
- Contribute to the **thematic materials** agreed with your organisation.
- Complete the **preliminary questionnaires** and communicate personal and dietary needs.

PRACTICAL CHECKLIST

- **Read the infopack carefully** and follow the travel and meeting instructions.
- Have your **itinerary approved** before buying tickets.
- Check your **ID or passport,** any required visa and relevant health documents.
- Inform the organisers about **allergies, intolerances, accessibility needs or support required.**
- Keep **travel tickets, receipts, boarding passes and proofs of payment.**
- Join the project **communication channels** and check updates.

GOOD TO KNOW

- **Prepare in advance** and coordinate with your national group.
- Keep **paper and digital copies** of important travel documents.
- For any questions, **contact your sending organisation** or the hosting team.

INTERCULTURAL EVENINGS

During EcoGeneration: Act for Change, each national group will introduce its country through typical products, **music**, dances, traditions, games and other cultural **activities**. These evenings are a chance to learn from one another and build connections across cultures.

WHAT TO BRING

Prepare a short, interactive presentation with your national group. You can include:

- ✔ Photos or a short video about your country or community.
- ✔ Typical products, a dish or snacks to share.
- ✔ A song, dance, traditional game or piece of music.
- ✔ A traditional object, local story or cultural curiosity.
- ✔ Words, images and experiences from your country.

OUR GOAL

To discover different cultures, strengthen intercultural cooperation and create a welcoming sense of community.

PREPARE TOGETHER

- ✔ Coordinate with your group and sending organisation.
- ✔ Bring ideas that invite everyone to take part.
- ✔ You may also share materials about your organisation or local community.

KEEP IT SUSTAINABLE

In the spirit of EcoGeneration, favour reusable materials, plan food quantities to avoid waste and tell the group about ingredients and allergens.

YOUTHPASS & FOLLOW-UP

YOUTHPASS

- Youthpass recognises the competences developed through the youth exchange.
- Reflection moments will help participants identify what they have learned through workshops, teamwork and intercultural experiences.
- Participants will be supported in describing their learning and recognising their personal development.
- The learning experience will be documented through a Youthpass certificate.

FOLLOW-UP

- After the mobility, participants will share their learning through local dissemination activities.
- At least one local follow-up activity will be organised in each country, using the materials produced during the exchange.
- Activities will follow the dissemination plan developed during the mobility. For example, participants may organise a meeting on responsible consumption with young people in their community.
- Follow-up monitoring is planned at 30 and 90 days after the mobility.

WHY IT MATTERS

Learning continues beyond the exchange. Youthpass helps make competences visible, while follow-up turns new awareness into practical environmental action in local communities.

REIMBURSEMENT

Travel costs will be reimbursed according to Erasmus+ rules and the budget for each country. Follow these instructions to ensure a smooth reimbursement process.

ELIGIBLE COSTS

Travel from your home location to the venue and back can be reimbursed if it:

- matches the approved itinerary and available travel budget;
- is booked through official transport company websites;
- uses economical options and is approved in advance.

Only second-class tickets are eligible for reimbursement. Taxis and private means of transport will not be reimbursed.

REQUIRED DOCUMENTS

Keep and provide all original travel documents:

- tickets and booking confirmations;
- boarding passes;
- receipts and invoices;
- proof of payment, such as a bank statement or payment confirmation;
- any other relevant travel document.

ORIGINAL DOCUMENTS

Original paper tickets, boarding passes and receipts must be sent by post to the address provided by the organising team. Photocopies or scans are not accepted for paper documents.

Documents issued only in digital format, such as e-tickets, e-boarding passes and PDF invoices, can be sent as PDF files.

PAYMENT

Travel reimbursements will be transferred by MediterrArt APS to the bank account of the respective partner organisation. Each partner organisation will then be responsible for reimbursing its participants.

International transfers may take a few days to appear in the bank account.

Reimbursements will be processed only after complete travel documentation has been provided and all required dissemination activities AFTER THE MOBILITY have been completed, according to the dissemination plan drafted during the mobility. For example, participants may organise a meeting on responsible consumption with young people in their local community.

IMPORTANT

- Get approval for your itinerary before buying tickets.
- Communicate any travel changes and obtain approval in advance.
- The budgets on page 6 already include the 30 € deduction for the group transfer; this will not be deducted again.
- Reimbursement requires valid, complete documentation.
- Keep all travel documents until reimbursement is completed.

Join with Tavo Europa !

Explorer Pass 2026. You are welcome to join our new educational programme for 2026-2027!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges in Lithuania and abroad for one year from purchase date, and also support us to find new exciting and exclusive opportunities for community members!
Please do not pay any fee until you receive a confirmation letter to join the programme.
If you want to join the project, please fill the application form, whether you have already participated or not.
Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants
to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:
https://www.facebook.com/groups/186132221744993

Contact Us!

Project Coordinator in Lithuania
Nadia Temenkova
nadia@tavo-europa.eu