TAVO EUROPA

MEDITERRART APS

- YOUTH EXCHANGE -

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BEYOND THE LABELS

13 APRIL - 23 APRIL 2027

travel day included

Marina di Leporano, Taranto, Puglia, Italy

Funded by the European Union

WHERE? WHEN? WORKING METHODS & LANGUAGE

WHERE?

The youth exchange will take place at **Residence Sunbeam in Marina di Leporano**, in the province of Taranto, along the Ionian coast of Southern Italy. The area is known for its sea, Mediterranean atmosphere and relaxed environment, offering a welcoming setting for intercultural learning, group activities and informal moments together.

WHEN?

The mobility will take place from **13 to 23 April 2027**. Arrival day is 13 April, activities will run from 14 to 22 April, and departure day is 23 April.

Participants are expected to **arrive in Bari by 16:00 on 13 April 2027**. Food and accommodation will be covered only from the evening of 13 April until the morning of 23 April.

WORKING METHODS

The project is based on **non-formal education methods**, including interactive workshops, simulations, role plays, group discussions, intercultural activities, reflection groups and creative exercises. Participants will explore stereotypes, prejudices, discrimination, inclusion and respectful communication through practical and participatory learning.

LANGUAGE

The working language of the exchange will be **English.** Participants are expected to have at least a basic to medium level of English so they can actively take part in the activities and group discussions.

MORE ABOUT THE PROJECT

Beyond the Labels was created to help young people recognise, question and challenge the stereotypes and prejudices that influence everyday conversations, social relationships and online communication.

Stereotypes related to nationality, gender, cultural background and social conditions often appear in jokes, generalisations and social media content, sometimes without people realising their negative impact.

The project brings together young people from **six European countries** to explore these issues, share personal and cultural perspectives, and develop practical tools to promote more respectful and inclusive communication.

Through **non-formal education methods**, interactive workshops, simulations, group discussions, creative activities and real-life experiences, participants will learn to identify stereotypes, distinguish facts from opinions, challenge misinformation and respond constructively to discriminatory language.

The exchange will also include educational activities in local schools, an exploration of stereotypes in the city of Taranto and opportunities for dialogue with the local community.

MAIN OBJECTIVES

- **Raise awareness** of stereotypes, prejudices and discrimination in everyday life.
- Develop **critical thinking** and **media literacy** skills.
- Encourage **respectful communication**, active listening and **intercultural dialogue**.
- Strengthen young people's confidence in **challenging stereotypes** and speaking up against discrimination.
- Promote **inclusion**, **empathy** and **mutual understanding** among young people from different backgrounds.
- Create an Anti-Stereotypes Charter, multilingual Myth vs Fact cards and reusable educational workshop formats.
- Encourage participants to share their learning and promote positive change in their local communities after the exchange.

- YOUTH EXCHANGE -

PARTICIPANTS

WHO WILL PARTICIPATE?

Each country will send **6 young people aged 18–25** and **1 group leader.** The exchange will bring together participants from Italy, Spain, Portugal, Lithuania, Romania and Bulgaria.

PARTICIPANT PROFILE

The project is open to young people who are interested in **inclusion, anti-discrimination, intercultural dialogue and respectful communication.** Participants may have different educational, social and cultural backgrounds. Curiosity, openness and willingness to take part actively in group activities are more important than previous international experience.

FEWER OPPORTUNITIES

The project will involve **18 young people with fewer opportunities** — 3 per country. This may include young people facing social, economic, cultural, geographical or educational obstacles.

WHAT TO EXPECT

- intercultural learning and teamwork
- workshops, discussions and creative activities
- opportunities to express ideas and experiences
- a safe space for dialogue, empathy and participation

FINANCIAL ASPECTS

Food and accommodation are **fully covered** by the project. Travel costs are reimbursed according to the Erasmus+ rules and the approved travel budget for each country.

TRAVEL BUDGET PER PERSON

ITALY	SPAIN	PORTUGAL
26 €	279 €	365 €
Green travel only	Standard	Standard

LITHUANIA	ROMANIA	BULGARIA
279 €	387 €	387 €
Standard	Green travel only	Green travel only

IMPORTANT NOTES

- **30 € per person** has already been deducted from the travel budget to cover the collective private bus transfer Bari – Residence Sunbeam – Bari.
- Italy, Romania and Bulgaria must respect the **green travel conditions**.
- Budget amounts apply according to the approved itinerary and reimbursement conditions.
- **Do not buy tickets** before receiving confirmation from the organisers.

WHAT IS COVERED?

Accommodation

Breakfast, lunch and dinner

Dietary needs, allergies and food preferences will be collected before the mobility.

ACCOMMODATION

WHERE YOU WILL STAY

Participants will stay at **Residence Sunbeam** in Marina di Leporano (Taranto), in apartments located within the same complex where the youth exchange activities will take place.

APARTMENTS

In each apartment there may be 5/6 people (depending on the size). Two double rooms, a kitchen with a sofa bed, and a bathroom.

LOCATION & FACILITIES

- the residence is just a few minutes' walk from the sea
- free access to the swimming pool
- free access to the padel courts
- free access to the basketball court
- shared outdoor areas for informal moments and group interaction

MEALS & FOOD

Participants will find all the ingredients needed to cook directly in the apartments. Breakfast, lunch and dinner will be prepared autonomously by the participants in their own apartments.

GOOD TO KNOW

- Room allocation will be organised by the hosting team before arrival.
- Information about allergies, intolerances and dietary needs will be collected before the exchange.
- Please also inform us in advance about medical conditions or accessibility needs.

PICK-UP LOCATION & HOURS

PICK-UP POINTS

The official pick-up points will be **Bari Airport** and **Bari Centrale Railway Station**.
A collective transfer to Residence Sunbeam in Marina di Leporano will be organised by the hosting team.

ARRIVAL TIME

All participants must arrive on **13 April 2027 no later than 16:00.**
This is important in order to join the collective transfer to the venue.

HOW IT WORKS

- Send your travel details to the organisers in advance.
- Wait for confirmation before buying tickets.
- Buy tickets only from the official websites of the transport companies, choose economical travel options, and wait for prior approval of your itinerary.
- Detailed meeting instructions will be shared before the mobility.
- After the meeting point, the group will travel together to the residence.

RETURN TRANSFER

A collective return transfer from the residence to Bari will also be organised on **23 April 2027**.

IMPORTANT

- If you arrive earlier or later, inform the organisers in advance.
- Keep your tickets, boarding passes and receipts for reimbursement.
- Please stay reachable on WhatsApp on the arrival day.

TRAVEL TIPS

Here are some important tips to help you organise your travel to the youth exchange. Please read them carefully and follow the instructions.

TRAVEL TICKETS

- Purchase your tickets only from the official websites of the transport companies.
- Choose the most economical travel options.
- Agree on your travel plan with the organisers before purchasing any tickets.
- **Only second-class tickets are eligible for reimbursement.** Taxis and private means of transport will not be reimbursed.

TRAVEL DOCUMENTS

- Bring a valid ID card or passport.
- Bring your European Health Insurance Card (EHIC), where applicable, or equivalent health documentation.

ARRIVAL & TRANSFER

- Participants must arrive in **Bari** on **13 April 2027** no later than **16:00**.
- The collective transfer will be organised from Bari Airport and Bari Centrale Railway Station to Residence Sunbeam, Marina di Leporano.
- Detailed meeting information will be shared before the mobility.

USEFUL TRAVEL ADVICE

- Keep all your tickets, boarding passes, receipts, invoices and payment proofs for reimbursement.
- Inform the organisers in advance if there are delays, changes or special travel needs.
- Join the project communication channels, such as the WhatsApp community and shared digital spaces.
- Travel comfortably and check your connections in advance.
- If you have checked luggage, keep a small back-up set of clothes in your hand luggage, especially underwear and essential items, in case your checked bag is delayed or lost.

If you have doubts before travelling, contact the organisers in advance.

WHAT TO BRING

Here are some useful suggestions to help you prepare for the youth exchange in Leporano Marina.

WEATHER IN APRIL

Average temperatures in April in Leporano Marina usually range from around **20°C** during the day to around **13°C** at night.

CLOTHING

- Light spring clothes for daytime activities
- A hoodie, sweater or light jacket for cooler evenings
- Long trousers and comfortable shoes for workshops and outdoor moments
- A few lighter outfits for warmer hours and sunny days
- Comfortable casual clothes suitable for non-formal activities

ESSENTIAL ITEMS

- Personal hygiene products
- Any necessary personal medication
- Sunscreen and insect repellent
- A reusable water bottle
- A swimsuit

FOR THE ACTIVITIES

- Please bring at least **2 laptops** per national group
- Laptops will be useful for group work and for developing project materials
- You can also bring any small materials that may be useful for intercultural sharing

GOOD TO KNOW

- Pack light, but make sure you have everything you need for one week
- Check your luggage space before travelling
- If you are unsure about something, ask the organisers before departure

WHAT TO PREPARE

INTERCULTURAL PRESENTATION

Bring a simple element of your culture (photo, object, song, typical dish or curiosity) to share during the intercultural evenings.

YOU ARE ALSO ENCOURAGED TO BRING

- materials useful to present your organisation or local context;
- ideas, tools or good practices to share with the other participants.

BEFORE THE MOBILITY

Before the mobility, each participant will be required to:

- participate in the preparatory meetings;
- collect examples of stereotypes that are widespread in your country;
- complete the initial questionnaire;
- prepare educational and cultural materials;
- communicate your personal and dietary needs.

In addition, make sure to:

- carefully read the infopack and follow the logistical information provided;
- share any dietary requirements, allergies, relevant medical conditions or specific needs with their national coordinator and the organisers through the dedicated Google Form;
- communicate any accessibility or support needs;
- make sure they have a valid ID card or passport for travelling;
- obtain a European Health Insurance Card (EHIC), where applicable, or another valid health insurance;
- agree on their travel plan before purchasing any tickets;
- keep all tickets, boarding passes, receipts, invoices and travel booking confirmations for the reimbursement process;
- join the communication channels created for the project, such as the WhatsApp community and shared digital spaces.

GOOD TO KNOW

- Prepare in advance so you can fully focus on the exchange experience.
- If you are unsure about anything, ask your national coordinator or the organisers.
- Keep both paper and digital copies of your important travel documents.

INTERCULTURAL EVENINGS

During the youth exchange, we will organise intercultural evenings featuring national presentations, traditional food, music, traditions and cultural activities. These moments will encourage participants to discover different cultures, challenge stereotypes and celebrate diversity beyond labels.

WHAT TO BRING

Bring a simple element of your culture to share during the intercultural evenings, such as:

- a simple element of your culture
- a photo or short video
- a typical dish or snack
- a traditional object
- a song, dance or piece of music
- a curiosity, story or local tradition

OUR GOAL

The intercultural evenings help participants get to know each other, celebrate diversity, overcome stereotypes and build a stronger sense of community.

YOU ARE ALSO ENCOURAGED TO BRING

- materials useful to present your organisation or local context (e.g. flyers, posters, videos, small gadgets)
- ideas or activities to make the evening more interactive and engaging
- national presentations, typical products, music, traditions and cultural activities

YOUTHPASS & FOLLOW-UP

YOUTHPASS

- Youthpass is the recognition of the competences acquired during the youth exchange.
- Participants will take part in daily reflections and evaluation moments.
- These moments will help them become more aware of what they are learning during the project.
- At the end of the mobility, each participant will receive their Youthpass certificate.

FOLLOW-UP

- After returning home, participants will be involved in local dissemination activities.
- They will reuse and share the Anti-Stereotypes Charter, the Myth vs Fact cards and the workshop activities developed during the project.
- The aim is to multiply the impact of the youth exchange in local communities.
- The results of these follow-up activities will be documented.

WHY IT MATTERS

Learning does not stop with the mobility: Youthpass helps recognise the experience, while follow-up helps turn it into action in local communities.

REIMBURSEMENT

Travel costs will be reimbursed according to the Erasmus+ rules and the travel budget allocated for each country. Please follow the instructions below to ensure a smooth reimbursement process.

ELIGIBLE COSTS

Travel costs (flights, trains, buses, etc.) from your home location to the venue and back can be reimbursed if they:

- are in line with the approved itinerary and travel budget;
- are purchased from the official websites of the transport companies;
- follow the most economical options;
- have been approved in advance by the organising team.
- **Only second-class tickets are eligible for reimbursement. Taxis and private means of transport** will not be reimbursed.

REQUIRED DOCUMENTS

Keep and provide all original documents related to your travel:

- tickets (flight, train, bus, etc.);
- boarding passes;
- receipts and invoices;
- proof of payment (e.g. bank statement or payment confirmation);
- any other relevant travel document.

ORIGINAL DOCUMENTS

If you have paper tickets, boarding passes or receipts, you must send the original documents by post to the address that will be provided by the organising team.

Documents that are only available in digital format (e.g. e-tickets, e-boarding passes, PDF invoices) can be sent as PDF files.

Photocopies or scanned versions are not accepted for paper documents.

PAYMENT

Travel reimbursements will be transferred by MediterrArt APS to the bank account of the respective partner organisation. Each partner organisation will then be responsible for reimbursing its participants.

As it is an international transfer, it may take a few days for the amount to appear in the bank account.

Reimbursements will be processed only after the completion of all the dissemination activities that participants are required to carry out after the mobility, according to the dissemination plan (e.g. organising a meeting on the topic with young people in the local community) that will be drafted during the mobility.

IMPORTANT

- Buy your tickets from the official websites of the transport companies.
- Choose the most economical options.
- Get our approval for your travel itinerary before purchasing the tickets.
- Any changes to your itinerary must be communicated and approved in advance.
- No reimbursement will be possible without valid and complete documentation.
- Keep all your travel documents until the reimbursement is completed.

Join with Tavo Europa !

Explorer Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges in Lithuania and abroad for one year from purchase date, and also support us to find new exciting and exclusive opportunities for community members!
Please do not pay any fee until you receive a confirmation letter to join the programme.
If you want to join the project, please fill the application form, whether you have already participated or not.
Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants
to all of our projects.

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Contact Us!

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