



TRAINING PROGRAMME

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Welcome!

to our best practice trainings in collaboration with Cortijo Buena Vista in Rute/Spain.

Building up on our long lasting experience and working in an environment which allows to creating visions and recharging batteries at the same time, we want to offer you the perfect place for your personal growth.

Tell me and I forget. Let me experience and I learn.



THE TRAINING LOCATION

Since May 2025, we have been welcoming guests to our new location on Lake Iznájar. Cortijo Buena Vista is a charming country house with two holiday apartments and several guest rooms, offering a personal atmosphere and a pleasant working climate. The breathtaking views invite you to pause, enjoy nature, and find inspiration. Trainings are held in our spacious yurt, which provides a unique and special setting.

Between sessions, you can unwind by the pool or simply relax with a glass of wine on the porch as the day comes to a gentle close.

Sunny skies. Open space. Space for YOU.

Within just an hour's drive, you can discover the cultural treasures of Córdoba, Málaga, and Granada. Closer by, the charming town of Rute invites you to explore its museums and local specialties.

For nature lovers and adventurers, the options are just as varied: enjoy water sports on Lake Iznájar, hike through the stunning landscapes of the Sierra Subbética, or experience the region on horseback. And of course, you can always simply choose to relax and let the tranquility of the countryside embrace you.

Ever felt ignored, underestimated, or like you were playing small?

Empowerment training



This training is for women ready to step up, speak out, and lead with confidence and clarity.

Included in the training

- ✓ Guided training + training materials
- ✓ Accommodation 6 nights
- ✓ Meals (Breakfast, lunch, dinner)



DATES
2.-6.11.2026

What You'll Gain

- Tools to build confidence in your voice & body
- Strategies to handle conflict without losing yourself
- Clarity on your goals - and how you get there
- Awareness of your power: how to use it, share it and protect it
- The ability to be seen and heard, even in tough environments. A
- supportive space to challenge limits - and redefine leadership



COSTS

training,
accommodation (5
nights single room)/
food/ transfer to Rute
financed by Erasmus+,
drinks and extras on
own costs

You'll also explore

- Outdoor sessions to boost self-awareness
- Power dynamics: understanding influence and systems
- Communication that transforms tension into collaboration
- Motivation and protection techniques (for mind and heart)



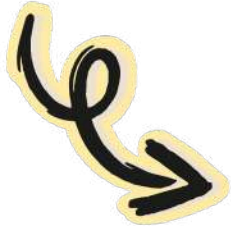
In-person
training



In
English

Your trainer is *Angela*

HOW TO BOOK



Check which training events you are interested in

Some training events might even be co-funded by the European Union for your job profile, reducing the costs involved with traveling and accommodation.

Contact partner organisation

For more information, clarification of questions, and securing your participant spot.

We will also check your job profile and origin with you to see if you are eligible for grants from the European financing.

Bigger groups

In case of higher group demands, training can also take place in German or Spanish.

Cancellation policy

- up to 30 days before training event: 100% refund on accommodation
- 30 to 15 days before the training: 50% refund on accommodation
- in case of EU financed courses, booking takes place through us, therefore no refunds will need to be issued to participants

Prepare your bags

You will receive more information about your course, your accommodation and your arrival after your registration. This includes information on transfer to the training location, the agenda, sustainability requirements, as well as local and cultural information about Spain. Read the info pack and prepare yourself to learn, explore, and grow!

Let's go and reserve your training spot now!



Our trainers

Angela

Learning does not happen through teaching, but through shared experiences.

With over 20 years of experience my expertise lies in experimental learning, communication, conflict resolution, diversity, and leadership. I have lead large teams, managed European projects, and supported organizations in creating sustainable change. What motivates me is empowering people to discover their strengths and grow through shared experience.



Daniel

Breaking patterns, shaping perspectives

Originally from Austria, where I began my journey as a trainer and did my certification, I moved to Spain in 2018 to join Asociación Caminos. Since then, I have expanded my expertise by exploring diverse approaches to learning and guidance. By challenging stereotypes and working with symbols, I guide individuals to reshape perspectives and unlock new possibilities.





Join with Tavo Europa !

Educator Pass 2026.

You are welcome to join our new educational programme for 2026! Dive into non-formal learning exploration with an Educator pass for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members! Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

<https://www.facebook.com/groups/18613222174499>



Contact Us!

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