

INFO PACK

YOUNG BALTIC ENERGY FUTURES

YOUTH EXCHANGE

27TH NOVEMBER- 3RD DECEMBER 2026

INCLUDING TWO TRAVEL DAYS

KRZYZOWA
VENUE

An international youth exchange as an energy transition camp on climate action and energy supply in the Baltic Sea region

WHAT IS “YOUNG BALTIC ENERGY FUTURES” ABOUT?

How we generate and use energy in the future affects us all. Yet, especially since Russia’s war of aggression against Ukraine and the debates about the vulnerability of energy infrastructure, one thing has become clear: the energy transition is not only an ecological issue, but also a question of security, society, and the future. And it can only succeed as a European, cross-border effort. Young people in particular do not just want to watch from the sidelines. They want to help shape what comes next.

Young Baltic Energy Futures brings together young people from the Baltic Sea region, including Germany, Poland, Scandinavia, and the Baltic states, to discuss precisely these questions. Together, they explore issues around climate action, the energy transition, and a safe future for everyone.

ABOUT THE KREISAU-INITIATIVE

Democracy is something we build together. The Kreisau-Initiative creates spaces where young people from around the world can come together, make their voices heard, and develop new perspectives. We encourage people to ask critical questions, inspire them to take action, and in doing so help build stronger communities for the future.



PROGRAMME DRAFT

Young Baltic Energy Futures | Youth Exchange 27th November - 3rd December 2026

The organiser reserves the right for changes to the programme.

Arrival Day: Friday, 27th November with a welcome dinner at 6:30pm

Departure Day: Thursday, 3rd December in the morning



SAT, 28 th November	SUN, 29 th November	MON, 30 th November	TUE, 1 st December	WED, 2 nd December	Times
Breakfast					8:00-9:00
Morning Check-In	Morning Check-In	Morning Check-In	Morning Check-In	Morning Check-In	9:00-9:30
GETTING TO KNOW each other and language animation	WORKSHOP Mapping Energy Production and Consumption	PROJECT VISIT Energy transition in practice	WORKSHOP Energy, Climate and Security	WORKSHOP Young Energy Futures	9:30-13:00
LUNCH BREAK					13:00-15:00
WORKHOP My Energy Day	WORKSHOP Mapping Energy Production and Consumption	EXPLORING/ FREE TIME	WORKSHOP How to transform energy?	DISCUSSION How to transform energy?	15:00-18:00
FEEDBACK GROUPS			FEEDBACK GROUPS	EVALUATION, CLOSING	18:00-18:30
DINNER					18:30-19:30
EVENING PROGRAMME	EVENING PROGRAMME	EVENING PROGRAMME	EVENING PROGRAMME	FAREWELL	from 20:00

PRACTICAL INFORMATION (LOGISTICS)



The youth exchange takes place in the International Youth Meeting Center in the picturesque village of Krzyżowa, located at 55 km from Wrocław (district capitol). You can find more information here: www.krzyzowa.pl.

Everybody's accommodation and food will be paid for by the organisers. Participants will stay in rooms with 3-5 beds with their own group peers. The group leaders will stay in double rooms.

What to bring to Krzyzowa:

Please bring **WARM, WEATHERPROOF CLOTHING**, as the weather can be cool and changeable at this time of year in Poland. Include waterproof shoes, a warm jacket, and layers like sweaters and T-shirts to adapt to temperature changes. Umbrella, gloves, a hat, and a scarf are also recommended.

There is **NO NEED** to bring **TOWELS** or **BED-LINEN**. However, there is no shampoo/soap in the rooms.



It is recommended to bring your own **WATER BOTTLE**. If you want - bring some **SNACKS** with you to eat and share between meals. Please note that there are no shops, ATM's, currency exchanges, supermarkets or pharmacies in Krzyżowa. There is a small café in the Meeting Center where you can pay in cash (in Złoty, PLN only) and by card. The current exchange rate of 1.00 EUR is 4.3 PLN.

Travel arrangements:



The tickets will be paid and booked by the organisers, upon agreement with the group leaders/ teachers. The arrival day is Friday, 27th November; the departure day is Thursday, 3rd December in the morning. We'd ask all group leaders/ teachers to provide a list of participants (10 students + 2 group leaders) joining the exchange.



Accommodation, meals, programme activities and travel costs are all covered by the organiser. There is no participant's contribution to join this project activity.



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Please do not pay any fee until you receive a confirmation letter to join the programme.

If you want to join the project, please fill the application form,
whether you have already participated or not.

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Contact Us!

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