

AI for all. *Start from zero.*

Artificial intelligence without barriers: a week for young people who have never had an easy way into digital skills.

DATES	PLACE	GROUP
1–9 December 2026	Międzybrodzie Bialskie, Poland	24 participants, aged 18–30

NEW EUROPE FOUNDATION

TAVO EUROPA

Co-funded by the European Union

No jargon. *No one left behind.*

Not everyone starts from the same place. If equipment, internet access or courses have been a barrier for you, this exchange is exactly for you.

For one week, 24 young people from Poland and three partner countries meet in the Silesian Beskid Mountains to get comfortable with artificial intelligence as an everyday tool. We start from zero and never assume that "everyone knows this".

You will see how AI can really help with studying, writing a CV and creating content: graphics, posters and short videos made on your phone. You will also learn the other side: how to keep your accounts safe, recognise scams and tell real content from AI-generated content and deepfakes.

And you will not only learn. At the end of the week you will run your own mini session for the group, and together we will put everything into a shared "AI Guide for Peers".

WHO	Young people aged 18–30 from Poland and 3 partner countries
LEVEL	Beginners are welcome. No experience needed
INCLUSION	At least 10 places for people with fewer opportunities: economic, geographic or health barriers
LANGUAGE	English
ORGANISER	New Europe Foundation, Zawiercie
PROGRAMME	Erasmus+ KA151, Youth Exchange
COST	Travel, accommodation and meals are covered.

YOU WILL LEAVE WITH

i.

Your digital portfolio

A personal portfolio and a Europass profile built with the help of AI.

ii.

AI Guide for Peers

A shared guide the group creates together, ready to pass on at home.

iii.

Youthpass

A European certificate describing the competences you gained.

What we will *do together.*

Workshops are hands-on and in small international groups. You will work on your own phone (and laptop, if you have one), step by step.

1

AI from scratch

What AI is and how to talk to it. Using AI tools for studying, planning and writing your CV, and knowing when not to trust the answer.

2

Safe online

Strong passwords, two-factor authentication (2FA) and the most common scams, including those made with AI.

3

Real or AI-made?

Practical ways to spot AI-generated images, videos and voices, and to check a deepfake before you share it.

4

Create on your phone

Graphics in Canva with AI tools and short videos edited on a smartphone, plus how AI helps make content accessible to people with disabilities.

5

Portfolio and peer teaching

Building your digital portfolio and Europass profile, running your own mini session for the group and writing the "AI Guide for Peers".

1 *Dec*

ARRIVAL DAY

2–8 *Dec*

PROGRAMME

9 *Dec*

DEPARTURE DAY

Społecznik, *by the lake.*



You will stay at Społecznik, a modern training centre built for youth exchanges and NGO workshops.

It sits in Międzybrodzie Bialskie, in the Silesian Beskid Mountains, close to Lake Międzybrodzkie. Everything happens in one place: you sleep, eat and work in the same building.

- Comfortable shared bedrooms
- Full board: breakfast, lunch, dinner and coffee breaks, cooked on site from fresh local products
- Bright workshop room with projector and sound system
- Wi-Fi in the whole building
- The building is adapted for people with disabilities



The workshop room



The dining room



A shared bedroom



Another bedroom



The lounge corner



The garden gazebo with a barbecue



The view from the centre



Lake Międzybrodzkie, close to the centre

We book *your tickets.*

You do not pay for your journey and you do not wait for a refund. Once you are accepted, we buy your tickets for you.

1. **You apply** through the form on Erasmus+ Mobility HUB. We create your account so you can follow your application.
2. **We review** applications, usually within 2 weeks. You get an email either way.
3. **You pick a flight** in your account; we book it. Travel to Poland on 1 December and back home on 9 December.
4. **Keep every ticket and boarding pass**, including the ones from your return trip. We need them for the project documentation.

FROM THE AIRPORT

Katowice Airport: AP bus to Katowice railway station, train to Bielsko-Biała Główna.

Kraków Airport: SKA1 train to Kraków Główny, train to Bielsko-Biała Główna.

Bielsko-Biała: bus 113 from the D.A. bus station to the stop Międzybrodzie Skrzyżowanie (20 stops), then a few minutes on foot to the centre.

Address: Ośrodek Społecznik, ul. Żywiecka 67, 34-312 Międzybrodzie Bialskie, Poland

WHAT TO BRING

- Passport or ID card
- EHIC or private health insurance
- Your smartphone, charger and plug adapter (a laptop, if you have one)
- Comfortable clothes and warm layers for December in the mountains
- Towels, personal hygiene items and a hair dryer (the venue does not provide one)
- Snacks, music or games from your country for the cultural evening

House rules: active participation in all workshops, respect for every participant, no alcohol or prohibited substances during the programme, and the EU Survey evaluation after the exchange.

Join with *Tavo Europa !*

Explorer Pass 2026 - 2027!

You are welcome to join our new educational programme for 2026 - 2027!

Dive into non-formal learning exploration for a 75 € fee that will unlock your potential to join all youth exchanges in Lithuania and abroad for one year from purchase date, and also support us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme.

If you want to join the project, please fill the application form, whether you have already participated or not.

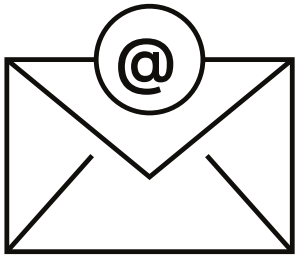
Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

https://www.facebook.com/groups/186132221744993

Contact Us!



Project Coordinator in Lithuania

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